

Register today for High School GREEN FEST

March 21st, 2009

greenschools is a non-profit organization whose mission is to create greener & healthier learning environments through education and awareness. We offer a variety of educational programs for schools and community groups. We have worked hard to pull together experts on a variety of Green topics. Our goal is to provide an educational experience that is fun and hands-on, so that students can go back to their schools/community and make *The Green Difference in your community!*

Woburn Memorial High
88 Montvale Ave, Woburn, MA
March 21st, 2009
9:00-3:00

[Plan to register at **8:30** and feel free to stay until **4:00** for additional tours and info.]

Featuring:

- **MISS EARTH MA 2009, Green Dimes, The Foundation for a Green Future, Waste Management, Youth CAN, S.T.A.G.E., Eco Team, Green Team, our Student Ambassadors and many others.**
- **Select Green Workshops**
- **Tour a LEED Certified Green School**
- **Enjoy our Green Schools Community Fair**

**Registration is needed for this event.*

Who should attend?

Students [in Grades 9-12], teachers, advisors, and parents who are looking to learn about Green/Environmental Issues who want to make a difference in their community.

Workshop topics include:

Green Schools, Green Roofs, Green Building, Green Chemistry, Green Jobs, Green Education, Low Carbon Diet, Yoga-Mind Body Connection, Sustainability, Safer Cosmetics and more...

Feature Presentation: Miss Earth Massachusetts 2009, Kymberly Young, discusses the ill effects of Global Warming and presents current information on *The No Child Left Inside Act*.



The registration fee of **\$35 per attendee** [or find a **SPONSOR...info. included**] includes speakers, workshops, a tour, admission to our Green Schools Community Fair, Awards, and some very cool Green Gifts.

PLEASE BE SURE TO PACK A "GREEN." WASTE-FREE LUNCH & SNACK. It is our mission to create healthier bodies and a healthier planet!
Again, **PLEASE PACK A HEALTHY LUNCH THAT MAKES NO TRASH!**

High School GREEN FEST

Please return this registration form before Feb. 20, 2008.

Name of School/Group _____

Address _____

City, State, Zip _____

Telephone _____ Fax _____

Name(s) of persons attending [Please designate students]:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

*For additional attendees, please include appropriate documentation.

of attendees X \$35 _____ Total _____ Amount enclosed _____

PLEASE MAKE CHECKS PAYABLE TO: greenschools
Mail to: greenschools, P.O. Box 323, Mansfield, MA 02048

This form may be returned via mail or fax. Fax to: 1-425-663-1757

Cancellation Policy: Cancellations received up to 72 hours before the Summit will be honored. Schools that register and do not attend are responsible for full payment.

Dear Friends,

greenschools will do our best to match you up with your top 2 choices for workshops. Please have attendees select their top 4 choices and write them down in order.

The fastest way to do this is to **FAX YOUR FORM BACK TO US 1-425-663-1757** or EVEN DROP US AN **E-MAIL W/THIS INFORMATION AT: info@projectgreenschools.org**

Name of School _____

Town _____

Name of Contact Person for School _____

Role for Contact Person within School _____

e-mail for Contact Person _____

Phone for Contact Person _____

High School GREEN FEST: Select Your Workshops

1. Build Green [with Boston Green Building]

This workshop touches on a variety of areas pertaining to Green Building and sustainable strategies. See some of the latest eco-friendly technologies, products, and practices and learn how building green saves resources, money, and the environment!

2. Gardening with Trash [with Northeastern University students]

Designed to intrigue students about gardening, this workshop will show students how to use their daily trash containers as modular gardening pots to be affixed to any surface. While crafting old bottles into soil containers and attaching them to unused wood, coat hangers, and picture frames, trash will be fully reused for alternate use. This workshop will allow students to experience art and growth while reforming the concept of waste.

3. Green Girls [with Doreen Dove from Arbonne International]

During this workshop, girls will learn how to live GREEN with their actions, and with their personal care products. Research today shows us that chemicals can make us very sick! Today's girls often cover themselves with toxic makeup, skin care products, hair products, artificial nails, nail polish, fragrances and more. Put all of these chemicals together, and you might have the recipe for illness! Students will learn how to make safer choices for their bodies [with an emphasis on skin care].

4. Recycled Crafting [with Northeastern University students]

This workshop is designed to introduce the idea of reuse before recycling. This workshop will feature how-to's for a few recycled crafts including a polygon lamp (made from old CDs or plastic notebook covers) and a book safe (made from either an old book or notebook). Instructions and ideas for other recycled crafts will also be provided in a hand-bound booklet.

5. Toxin Terminator [with Dr. Tracy, ND and Dr. DiBacco, ND]

Dr. Tracy and Dr. DiBacco will share how chemical toxins get into our home, our food, and even our clothes. Learn how avoiding these toxins can help you perform better in school/sports/life. Also discussed in this session... after school snacks that can actually help remove toxins from your body.

6. You Are What You Eat: How your food choices affect the environment [with Teacher Abigail Morton from Woburn Memorial High School]

This workshop explores surprising facts about the common American diet and its affects on the environment. Practical suggestions are given for small changes that will make for a big impact. *Environmentally-friendly food will be sampled.*

7. Getting Out of the Classroom: Outdoor Learning [with Sarah Tracey from Dharma Harvest]

Participate in activities and discussions that explore the following questions: how do natures' communities reflect or conflict with our communities? What can we learn about growing food and living in harmony with our ecosystem by observing how healthy ecosystems function? How can we mimic a natural ecosystem? How would this be beneficial or not?

8. Why Green Roofs and What is a Vegetative Roof System? [with Karen Webber from Foundation for a Green Future]

Explore Vegetative Roof Systems with Executive Director, Karen Webber. Discuss the economic and environmental benefits of vegetative roof systems and why greening roofs is not just a trend, but rather a necessity!

9. Green Yoga: Everything is Connected.

Discuss the connection between all living things and take the time to stretch, relax and breathe during this unique class/workshop.

10. Reduce Junk Mail and Reduce Your Carbon Footprint [with Karen White from Tonic Mail Stopper]

Junk mail is an enormous environmental problem. Learn what you can do to reduce the amount of junk mail you receive at home/work/school. Explore projects that have been done in schools across the country, and learn how you can be an activist in your community.

11. Start Your Own Climate Literacy Campaign [with Youth CAN from The Boston Latin School]

Learn how your school can start your own Climate Literacy Campaign and make your own PSA [Public Service Announcement]. Youth CAN will share their inspirational work, their self-made PSAs, and share additional opportunities for you and your school...you can even earn \$\$\$ for your school/environmental group.

Name of School _____
[Please use as many of these forms as needed.]

Name of Attendee _____

1st Choice = # _____

2nd Choice = # _____

3rd Choice = # _____

4th Choice = # _____

Name of Attendee _____

1st Choice = # _____

2nd Choice = # _____

3rd Choice = # _____

4th Choice = # _____

Name of Attendee _____

1st Choice = # _____

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4th Choice = # _____

Name of Attendee _____

1st Choice = # _____

2nd Choice = # _____

3rd Choice = # _____

4th Choice = # _____

IS YOUR SCHOOL/ORGANIZATION DOING SOMETHING GREEN?

IT'S TIME TO GET RECOGNIZED FOR THE GREAT THINGS YOU DO!

greenschools wants to recognize outstanding GREEN work being done in your school/community. Outstanding projects/teams/leaders will be recognized by certificate at our GREEN FEST so tell us what you've been up to.

*Additional *Green Difference Awards* will be given out on April 15th at North Reading High School.

Nominate a:

- Principal
- Teacher
- Advisor
- School
- Student
- School Group/Organization

Name of School [Associated with nomination] _____

Level of School _____

Name of Nominee + Role _____

Name of Project _____

In 2 pages or less, describe an outstanding GREEN project/team/individual, and how this project/team/individual has had a positive impact in your community.

PLEASE RETURN THIS INFO TO: Fax to: 1-425-663-1757

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